



**Autism
Anglia**
Regional Charity No. 1062717

Coming Up in 2014 at Parent / Carer Support Groups

FREE informal information and support sessions for parents & carers of children with additional needs

GIVE US A CALL, TEXT or EMAIL TO SAY YOU ARE COMING OR JUST DROP-IN ON THE DAY

Telephone / Text Anne on: 07774 033050 or Email: aebbage@autism-anglia.org.uk

Date & time of group meeting	Speaker	Topic	Which parent support group and venue	Time for guest speaker
Mon 20th Oct 10:00 – 12:00	Georgina Sait from Contact A Family	About Contact A Family.	ASPECT Harford Manor School, Norwich, NR2 2LN	10:30 – 11:30
Fri 7 th Nov 10:00 – 12:00	Darren Hunter, Disability Development Officer, Norwich Community Sports Foundation	What Norwich Community Sports Foundation offers for children with additional needs	LITTLE STEPS Sheringham Woodfields school,	10:30 – 11:30
Thurs 13th Nov 09:30 – 11:30	Sarah McPherson (Awareness Officer for the Carers Agency Partnership [CAP] Helpline)	A short talk on the help available to carers from CAP, how the Children & Families Act will affect carers and how carers can access funding to help them maintain a life outside of caring.	UMBRELLA Martham Baptist Church Martham	10:00 – 11:00
Mon 17th Nov 10:00 – 12:00			ASPECT Harford Manor School, Norwich, NR2 2LN	10:30 – 11:30
Thurs 20 th Nov 09:30 – 11:30	Darren Hunter, Disability Development Officer, Norwich Community Sports Foundation	What Norwich Community Sports Foundation offers for children with additional needs	PARENTS 4 PARENTS Stalham Children's Centre, Brumstead Road, Stalham	10:00 – 11:00
Thurs 27 th Nov 09:30 – 11:30	Georgina Sait from Contact A Family	About Contact A Family.	UMBRELLA Martham Baptist Church Martham	10:00 – 11:00
Thurs 4 th Dec 09:30 – 11:30	Sarah McPherson (Awareness Officer for the Carers Agency Partnership [CAP] Helpline)	Help available to carers from CAP, how the Children & Families Act will affect carers and how carers can access funding to help them maintain a life outside of caring.	PARENTS 4 PARENTS Stalham Children's Centre, Brumstead Road, Stalham	10:00 – 11:00
Monday 15 th Dec 10:00 – 12:00	Darren Hunter, Disability Development Officer, Norwich Community Sports Foundation	What Norwich Community Sports Foundation offers for children with additional needs	ASPECT Harford Manor School, Norwich, NR2 2LN	10:30 – 11:30

UMBRELLA

A Support Group for
Parents & Carers (including foster carers)
of Children up to 18 years old who have
Additional Needs

PLEASE NOTE NEW VENUE



www.facebook.com/groups/335354436620121

Meet other parents & carers



Share & find out information and ideas

EVERYONE WELCOME

Drop-In anytime between **09:30am to 11:30 am**
Stay as long as you like Children welcome

Dates: **Thursdays:**
9th October 2014 13th & 27th November 2014
11th December 2014
Guest speakers will be booked for some of these dates

Venue: **Cornerstone Baptist Church,**
White Street, **Martham, NR29 4PG**

**PLEASE NOTE NEW
VENUE**



For more information please contact:

Anne on Mobile: 07774 033050

Or Email: aebbage@autism-anglia.org.uk

Or Tel: Trinity Sure Start Children's Centre 01493 740242



*Working in Partnership
to Support & Empower
Parents & Carers*



ASPECT

*A support group for parents & carers of children
with an Autism Spectrum Condition or any additional need*



www.facebook.com/groups/902750069740819

Share and find out
information and ideas.



Meet other parents
& carers

Everyone welcome
Drop-in anytime between 10am – 12noon
Stay as long as you like



Dates:

Monday 15th September

Monday 20th October

Monday 17th November

Monday 15th December

*Speakers will be arranged for some
of these dates.*

Venue:



**Harford Manor School,
43 Ipswich Road, Norwich, NR2 2LN**

This group is organised and facilitated by



**Autism
Anglia**

Registered Charity No. 1082717

www.autism-anglia.org.uk



www.facebook.com/AutismAnglia

For more information or any queries
Contact Anne at Autism Anglia tel: 07774 033050
or Email: aebbage@autism-anglia.org.uk



LITTLE STEPS

A SUPPORT GROUP FOR PARENTS & CARERS OF CHILDREN WITH AN AUTISTIC SPECTRUM DISORDER, ASPERGER SYNDROME OR ADHD

Stay as long as you like

Young children welcome

Chat
parent to
parent

Everyone welcome

10am – 12noon

**Held at: Woodfields School,
Sheringham, NR26 8ND (Free car parking)**



Meeting Dates: Fridays

12th September 2014

3rd October 2014

7th November 2014

5th December 2014

9th January 2015

6th February 2015

6th March 2015

1st May 2015

5th June 2015

3rd July 2015

Guest speakers will be arranged to talk on various topics at some meetings.
For details please email Anne at Autism Anglia:
aebbage@autism-anglia.org.uk

PLEASE CONTACT US FOR MORE INFORMATION OR
TO LET US KNOW YOU MAY BE ATTENDING

Contact:



Angie on mobile tel: 07833 207837

or Nicola on mobile tel: 07535 002328

or



Email Anne at Autism Anglia: aebbage@autism-anglia.org.uk



**Autism
Anglia**

Registered Charity No. 1009717

Parents 4 Parents

A support group for parents & carers

of children aged 18 and under

*who have or thought to have an Autistic Spectrum Disorder
or any additional need*



www.facebook.com/groups/461376004006455



EVERYONE WELCOME

Drop in to a warm welcome anytime

between **09:30 – 11:30am**

and stay as long as you like – children welcome

Dates: Thursdays: 4th & 18th September 2014
 2nd & 16th October 2014
 6th & 20th November 2014
 4th & 18th December 2014

Speakers will be arranged for some of these meetings

Venue: Stalham Children's Centre,
 Brumstead Road, Stalham NR12 9DG



For more information please either:

Contact Anne on Mobile: 07774 033050

Email: aebbage@autism-anglia.org.uk

Telephone Stalham Children's Centre on 01692 583710



**Autism
Anglia**

Registered Charity No. 1029177

Stalham & Sutton

SureStart

Children's Centres



Working in Partnership to Support & Empower Parents & Carers